

**CONTACT US TODAY TO FIND OUT
MORE OR TO MAKE A REFERRAL:**

New Oakwood Lodge, Derby
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New Oakwood Lodge
Morley Road
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DE21 4TB

Phoenix Futures brings positive change in the lives of people, families and communities affected by substance use. We reduce the impact of drug and alcohol related harm and support the people who use our services to rebuild their lives. Our purpose is achieved through the skills and dedication of our staff and volunteers.

Phoenix Futures is a registered charity in England and Wales (No 284880) and in Scotland (No SC039008); Company Limited by Guarantee Number 1626869; Registered Tenant Services Authority Number H3795.

NEW OAKWOOD LODGE DERBY



Safe, structured support for people wishing to address their problematic drug and/or alcohol use, improve their mental health and quality of life.

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New Oakwood Lodge is a unique enhanced Therapeutic Community offering support to people wishing to address their problematic drug and alcohol use. Set in a psychologically informed environment our CQC registered service provides specialist support for those with co-existing mental health needs.

The lodge boasts modern and spacious accommodation set within 4 Acres of beautiful mature gardens and a highly experienced team providing a safe and supportive environment for people to begin their recovery journey.



As the largest state funded provider of residential rehabilitation in the UK Phoenix Futures are dedicated to helping people, families, and communities recover from drug and alcohol problems. We have learned much as an organisation over the last 50 years and use that wealth of knowledge to create a bright and brilliant new future for those in need of hope today.

WHO WE HELP:

We welcome anyone over the age of 18 looking to address their substance use

THE PROGRAMME

At New Oakwood Lodge we are proud to offer residents the opportunity to be part of an Enhanced Therapeutic Community supported by our highly experienced team of staff.

Our dedicated team will offer a structured model of care in a psychologically informed environment where social relationships, daily structures and a variety of activities are all deliberately designed to support health and well-being. Engaging in this interdependent form of group living helps people to have a more fulfilling life and achieve their maximum social potential.

Our treatment programmes last between 3 & 6 months. we can also provide medically monitored detoxes from substances including opiates, benzodiazepines and alcohol.



WHERE ARE WE?

Located in Oakwood, a quiet village on the outskirts of Derby within easy reach of local amenities. Find us at DE21 4TB

ENHANCED SUPPORT FOR CO-EXISTING MENTAL HEALTH NEEDS

We recognise that many people enter residential rehabilitation with a range of unmet needs co-existing with their substance use. Our evidence-based programme is designed utilising research, data, and lived experience feedback to provide a focussed treatment programme underpinned by key psychosocial and psychological interventions.

The multi-disciplinary team of Counsellors, Registered Nurses and therapeutic workers will devise an individualised care plan together with each Community Member. The care plan will bring together psychological interventions focused on treatment of trauma including Cognitive Behavioural Therapy to support with anxiety, depression, and emotional regulation. Close support provided by the full team enables the person to be cared for in a supportive and safe environment .

FACILITIES:

Based in an elegant Georgian property the lodge boasts 38 single occupancy rooms with en-suite bathrooms. Designed to high standard with comfort and quality in mind the rooms provide privacy and tranquillity to support people on their recovery journey.

The ground floor offers accessible rooms and facilities including ensuite wet rooms for people with mobility needs.

The Lodge also provides spacious and well-appointed areas dedicated for groups and one to one Counselling sessions, comfortable recreational areas, an open courtyard dining space, a well-equipped gym and more on shared cottage accommodation for those coming to the end of their programme.

The grounds of the lodge are set in 2.5 acres of beautiful mature gardens which in addition to providing a serene space for residents will also provide a wonderful setting for our Recovery Through Nature activities .