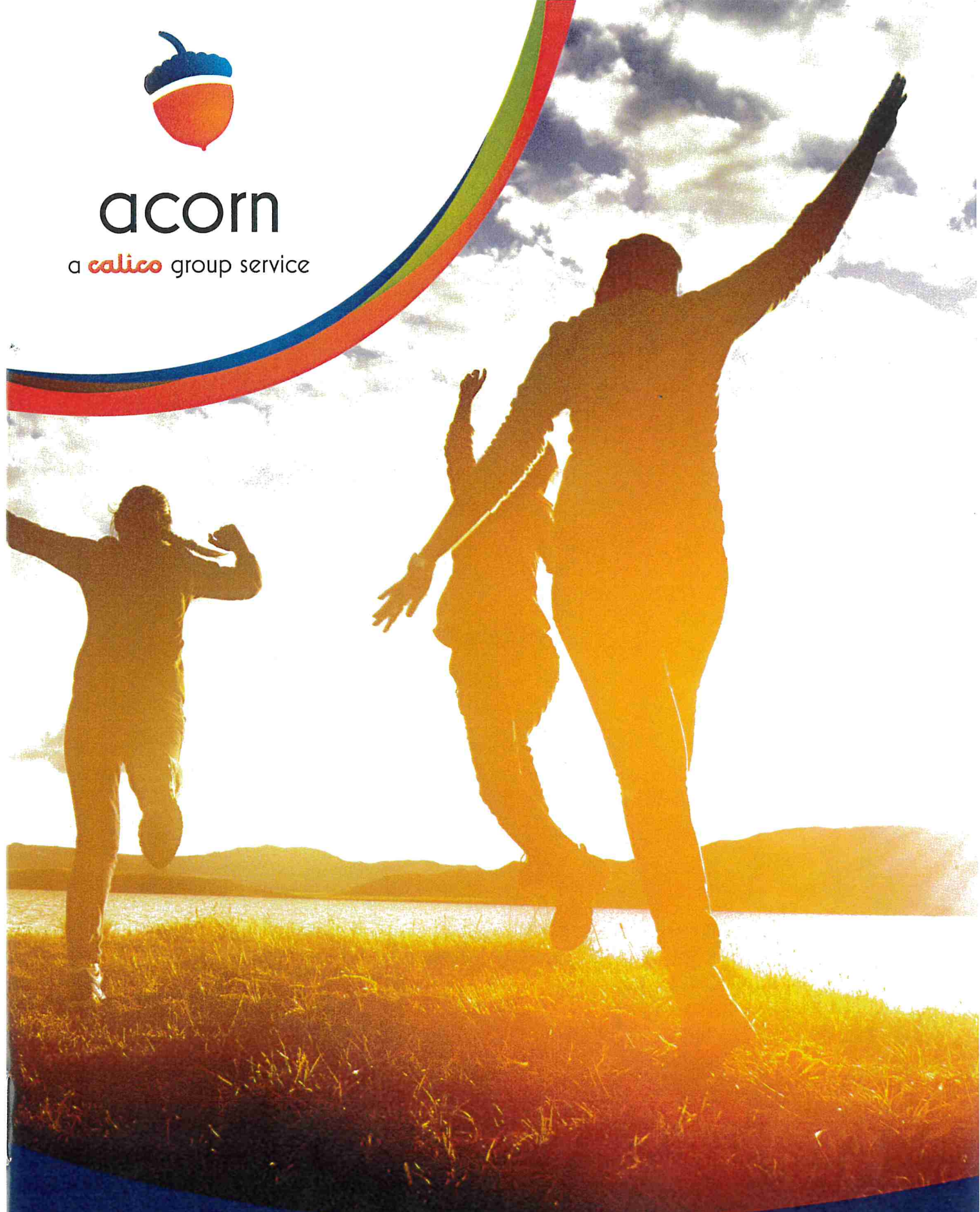




acorn

a calico group service



## Acorn Recovery Projects

Inspiring and Motivating to Achieve a Life Worth Living



**We provide a range of innovative services that enable individuals and their families to break free from drug, alcohol and other addictions.**

**[www.acornrecovery.org.uk](http://www.acornrecovery.org.uk)**

## ■ Who We Are



Acorn Recovery Projects is an innovative charity providing a range of recovery services which enable individuals and their families to break free from drug, alcohol and other addictions. We help to find not just immediate recovery but emotional, social and lifelong recovery.

We can understand and empathise with others in similar situations and see the person behind the illness. Our success comes from our staff, 85% of whom at all levels within the organisation have 'lived experience'.

## ■ What We Do



We support people throughout their recovery journey in a compassionate way, focussing on the long term solution even beyond treatment.

We have a variety of housing options available and a dedicated team that can support and help you and your needs along the way.

### *Our vision*

*Through commitment, creativity and expertise, Acorn will inspire and motivate change within communities and future generations by enabling individuals to achieve a Life Worth Living.*

**To see how we can help you, call us on  
0161 484 0000**

## **Motivational Programmes**

### **What We Deliver**

*We are committed to supporting people throughout their recovery journey in a compassionate way focusing on long term solutions.*

*Our extensive range of recovery programmes helps clients to find not just substance recovery but emotional, social and lifelong recovery.*

*Programmes that we deliver include:*

### **■ RAMP**

The Reduction and Motivation Programme is a 12 week programme that provides a safe environment for those in active addiction to explore their problems, the impact that it has on them and others and the life changes they need to achieve real, lifelong recovery.

### **■ Family RAMP**

This programme helps and supports the relatives of our customers to learn more about the issues their loved ones are dealing with and how to effectively support them. The programme is set in a confidential group setting and provides a safe environment to allow customers to share their experiences and feel supported in the challenges they may face.

### **■ Pre DEAP**

The Pre-Dependency, Emotional, Attachment Programme supports and prepares clients whilst they maybe in the earlier stages of recovery such as undergoing detoxification and are working towards abstinence in readiness to engage in treatment on the DEAP programme.

### **■ DEAP**

The Dependency, Emotional, Attachment Programme is available to those who have achieved abstinence (even if this is just a day) and are motivated to maintain long-term recovery. DEAP is delivered by qualified addiction counsellors and explores addiction at a personal level, supporting people to deal with unresolved issues.

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## ■ STEP

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This programme is based upon a set of long established guiding principles which help individuals live their life in recovery. By completing this programme, those who are committed to abstinence can learn how to develop a new set of skills, helping them to recover from addiction.

## ■ STAR

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This is a structured, post-treatment programme which helps people in early recovery identify and gain a range of skills which can help regain their independence with confidence and learn new skills. STAR is delivered as part of our 20-week rehab programme (weeks 12-20) after DEAP or STEP and acts as a referral pathway into education, training and employment.



## ■ Residential Rehab

Our Facilities are registered and approved by the CQC

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### ■ Fulstone House

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Fulstone House is our accessible rehabilitation treatment centre based in Stockport, Greater Manchester.

Our clients live in comfortable properties near to the treatment centre where they have their own accessible rooms, some with en-suite facilities.

Rosemary Court last inspected in 2019 by the CQC was given an overall 'GOOD' rating with 'OUTSTANDING' for care.

Staff are available 24 hours a day providing a safe, secure and supportive environment to help clients address their issues in a confidential setting.

All residents receive one-to-one tailored treatment as well as taking part in group therapy sessions with qualified addiction counsellors.

### ■ Bank Parade

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Bank Parade is our CQC rated 'Good' Burnley residential rehabilitation treatment centre boasting six single bedrooms, four bathrooms, two fully equipped kitchens, dining room and communal areas, including an outside patio and BBQ area.

Staff are available 24 hours a day, providing a safe, secure and supportive environment to help clients address their issues in a confidential setting. With only six residents over the age of 18 in the property at any one time, service users are able to benefit from one to one focused and tailored treatment from qualified addiction counsellors alongside group therapy.

## Community Programmes

### How We Help

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*We provide a range of innovative drug and alcohol community rehabilitation services across the North West.*

*Our primary goal is not only abstinence for our clients, but a lifelong recovery with meaning and purpose.*

*We provide a supportive community not just at the point of recovery, but over, above and beyond, including sustainable job opportunities. Our passion comes through informed knowledge and shared experiences.*

*Our expert counsellors, professional advisors, and committed volunteer staff have already found recovery, and you can as well with their help and a tailored recovery programme.*

## Peer Support

### Lancashire Care Foundation Trust (LCFT)

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*Funded by LCFT, we deliver a programme of peer support across Blackpool, Fylde and Wyre for people with mental health issues. Support is provided by Peer Mentors, a group of passionate and enthusiastic people with lived experience of a range of social issues. Peer Mentors act as supportive companions and trusted allies throughout clients' time with the project, using their experience as a real-life example that recovery is possible.*

## New Leaf

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*We're involved in the New Leaf project which brings together employers and other services from across Warrington and Cheshire to help change lives, create opportunities and make a positive contribution to local communities and the regional economy. The project is funded by the Big Lottery Fund and European Social Fund.*



## Supported Accommodation

There When You Need Us

*Our supported housing projects provide a safe, comfortable and welcoming community where you will find not only the space to start your path to lifelong recovery, but also a supportive and compassionate community of other people who can share your experiences.*

*In clean, comfortable surroundings, you can start to feel valued and improve your self worth.*

*Our supported housing communities are staffed 24 hours a day by highly skilled recovery workers who have a wealth of experience working with addiction and substance misuse.*

### Walter Lyon House

Walter Lyon House is a mixed abstinent supported housing project located in beautiful grounds in Lancaster.

Treatment at the 15-bed building encourages residents to be directly involved with their care and surroundings. Shared living areas provide the space to develop living skills in a therapeutic environment. Cooking and baking, socialising and networking are all vital elements of recovery at Walter Lyon House.

### Redwood House

Redwood House is our Criminal Justice all male supported accommodation project located in Rochdale.

Our eight bed project is aimed at individuals who have spent many years trapped in a repeated cycle of offending behaviour due to their substance addiction.

We help those that want real change from old behaviours and chaotic offending. Working with experienced recovery workers, residents are given support to change their behaviours with a range of interventions tailor-made for each individual. We aim for the best possible outcomes to eventually support service users into education and independent living.

### Acorn House

Acorn House provides residential abstinent accommodation in a thriving location on the outskirts of Manchester. Our six-bed, all male, property provides support and care for residents and encourages them to develop their recovery and move onto independent living.

Residents can enrol on one of our programmes in Manchester designed for real change from old destructive behaviours.

## Skills for Life

### Acorn Academy

*Acorn Academy provides behavioural change, emotional wellbeing and addiction awareness training courses for service users, professionals and in-house staff.*

*Working with Calico Enterprise, Acorn Academy also delivers Training with Impact, which provides unique and innovative training opportunities to vulnerable and disadvantaged customers and tenants for The Calico Group.*

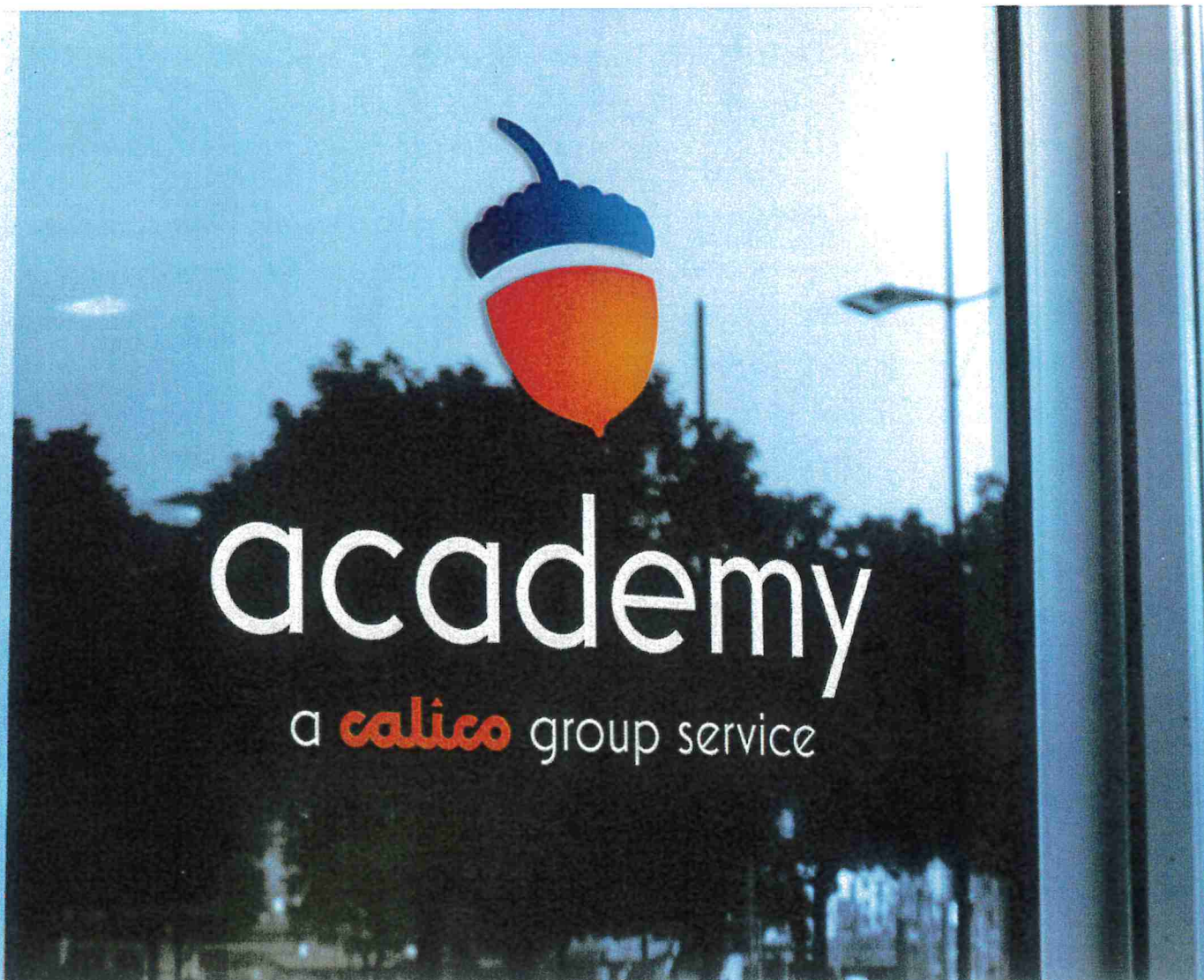
*The Academy is recognised as a centre for learning by the National Open College Network (NOCN) and are able to develop bespoke training packages upon request.*

## Peer Support

*We provide lived-in experience to support people through any kind of recovery.*

*For our service users, we are supportive companions on their journey, and trusted to lead the way because we've been there before.*

*Acorn Academy run a Peer Mentoring course throughout the year in Stockport where you can improve communication skills and understanding why healthy boundaries are important in relationships.*



## Social Enterprise

BadKamra – Pictures that move

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*BadKamra is our media production company based in Stockport that delivers high impact and emotive films for ultimate customer impact.*

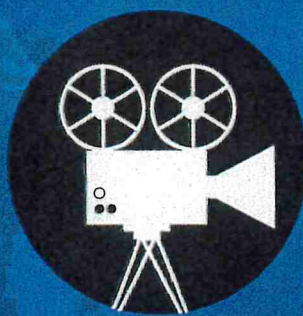
*Experts at capturing and promoting recovery from addiction through the journey of our clients, they offer inspiration and hope to those who may need it.*

*BadKamra is committed to investing in people and offers volunteer opportunities to those recovering from addiction, as well as work placements and apprenticeships for young people who are not in education, employment or training.*

*Take a look at their work at [www.badkamra.co.uk](http://www.badkamra.co.uk)*

 @BadKamra

 Badkamra



# badkamra

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## **Volunteering** Making a Difference

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*Without the dedication and commitment of our volunteers, we would not be able to provide and deliver the exceptional services across our organisation.*

*Our volunteers really do matter and each and every one helps to improve the lives of our clients, their families and friends affected in some way by substance misuse.*

*Volunteering with us is an exciting and rewarding opportunity. We match compassionate and committed people with the service or patient care programme, helping clients to meet their recovery goals.*

*We have volunteers from all backgrounds, all of whom have been given a wonderful opportunity to use existing skills, develop new ones, meet new people, and truly make a difference to people's lives.*



A life worth living



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